# The Canadian Nurse

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## The Triennial Meeting of the Canadian National Association of Trained Nurses

The Triennial Meeting of the Canadian National Association of Trained Nurses was held at Niagara Falls, Ontario, on May 22nd, 1911. The President, Miss Mary A. Snively, late Superintendent of the Toronto General Hospital Training School for Nurses, occupied the chair. The Association much regretted the absence of the Honorary Secretary, Miss F. Madeline Shaw, through ill-health. Miss Jeannette Neilson, Toronto, was appointed Secretary of the meeting. The President then called upon Rev. Mr. Barber, who opened the meeting with prayer. The President in a few well chosen words explained the object of the meeting.

### ADDRESS OF THE PRESIDENT, MISS MARY A. SNIVELY.

In welcoming you to the first Triennial Convention of the Canadian National Association of Trained Nurses it seems fitting that we should all seek inspiration for the work we have happily been called upon to perform by remembering that we are convened on historic ground—ground hallowed by the blood of our heroic ancestors, as well as by that of the brave and devoted soldiers of our sister nation.

The scene of the battle of Lundy's Lane is marked by the little church and graveyard in the near vicinity of our place of meeting, in which many a Canadian and American hero now sleeps. In paying this tribute to the honored memory of the brave and loyal men who died at the post of duty one hundred years ago, we do well to consider that in the particular field of work in whose interests we are gathered, the same qualities are requisite for success, viz., self-sacrifice or self-forgetfulness, loyalty to duty and heroism, as those which characterized the brave soldiers of the War of 1812.

"Therefore, though few may praise, or help, or heed us,
Let us work on with head or heart or hand,
For that we know that future ages need us,
And we must help our time to take its stand."

Wendell Phillips once said, "If you will only multiply the smallest force by time enough, it will equal the greatest; so it is with the slow intellectual movement of the masses. It can scarcely be seen, but is a constant movement. It is the shadow on the dial—never still, though never seen to move. It is the tide—it is the ocean, gaining on the proudest bulwarks that human art or strength can build. It may be defied for a moment, but in the end it always triumphs."

The Provisional Society of the Canadian National Association of Trained Nurses had its birth in Ottawa, the Capital City of our fair Dominion, in October, 1908, and the following year was admitted to membership or affiliated with the International Council of Nurses at its Quinquennial Congress, held in London, England, in July, 1909.

Territorially, Canada is the largest country embraced in the International Society, although in its nursing population it is far outnumbered by very much smaller countries. Nevertheless, great honor and prestige have already been conferred upon the Canadian National Association.

The International Congress, previously mentioned, was attended by about twenty-five Canadian Delegates, the greater number of whom were privileged to take part in the ceremony at Frogmore, when, through the gracious permission of his late Majesty, King Edward VII, this Association was permitted to place a floral offering on the tomb of her late Majesty, Queen Victoria, in token of their loyal devotion to the honored memory of the greatest of English Sovereigns.

And afterwards, when in compliance with Royal requirements on such occasions, an illuminated copy of your President's address was forwarded to his late Majesty, he graciously expressed his pleasure, not only in granting such permission, but also his approval of the wording of the address.

Before its close this Convention will be called upon to decide what disposition shall be made of the duplicate copy of the illuminated address and photograph of wreath, now in safekeeping at the Toronto General Hospital, although the property of this Association.

It will also be necessary for this Convention to determine how it proposes to deal with the request of the Matron's Council of Great Britain and Ireland, who have expressed a desire that annually a bound copy of the Canadian Nurse be presented to them by this Association. Both of these questions lead naturally to the consideration of some plan for a suitable room for storing such valuable, historic possessions, and also of the advisability of commencing to collect a Reference Library for the use of present day and future generations of nurses. The last year has been memorable in the history of nursing in that we have been called upon to mourn the death of the founder of trained nursing, Florence Nightingale, and also of two eminent nurses of a later period, Isabel Hampton Robb and Isla Stewart, whose lives were conspicuous in their respective countries for their untiring effort and devotion to the cause of higher educational standards among nurses. Verily "They rest from their labors and their works do follow them."

> "Gather some profit to thy soul
> Wheresoever thou art; so that if thou
> Seest or hearest of any good examples
> Thou stir up thyself to the imitation thereof."
>
> —Thomas à Kempis

Of Florence Nightingale, Miss Dock writes, "Once again the ever wonderful story of her life has been told in many languages, and nurses of all countries reminded in unvarying tones of gratitude and veneration of the debt they owe to her. This debt can be best paid by working as she did for the uplift and advantage of posterity, each one doing what she can according to her gifts."

May I quote a few lines from one of Florence Nightingale's letters to nurses.

"The first thing a district nurse has to do is to nurse. It is the nursing, the giving ease and comfort (physical) to the patients which gives her influ-

ence. They feel their poor bodies relieved by her and this gives the entree to the patients' hearts. Always keep up the honor of this profession. May I say our heavenly Father thanks you for what you do. 'Lift high the royal banner, it shall not suffer loss.' The royal banner of nursing. It should gain through every one of you.

"The old Romans were in some respects, I think, superior to us. But they had no idea of being good to the sick and weak. That came in with Christianity. Christ was the author of our profession. We honor Christ when we are good nurses, and we dishonor Him when we do not do our best to relieve suffering. Kindness to sick man, woman and child came in with Christ, now all is different. 'My soul doth magnify the Lord and my spirit hath rejoiced in God my Saviour.'

"The nineteenth century (there was a tradition) was to be the century of women. How true that legendary prophecy has been. Woman was the home drudge, now she is the teacher."

May the mantle of this noble woman fall and remain upon each and every one who seeks to perpetuate her work.

The reports which will be presented for your consideration, together with what we learn from various publications, enable us to comprehend how rapidly Canadian nurses are awakening to a realization of their privileges and obligations in the matter of organization, registration and affiliation, to say nothing of the activity manifested in all of our larger cities and towns in all the various branches of social service for which the education and training of nurses makes them peculiarly adapted. Although we are many years behind the mother country in all matters pertaining to social service, and still further behind our American sisters in State recognition and registration, we are conscious of a change of attitude not only among nurses but also on the part of the general public.

Given unity among nurses, and a thoroughly intelligent understanding on their part of all that registration involves, together with the sympathy and co-operation of an enlightened public, and the cause of registration cannot fail of accomplishment in the near future in our fair Dominion.

Meantime there is much to occupy the mind and heart of every trained nurse. Associations for social and moral reform, mental and physical hygiene and many other kindred organizations, to say nothing of magazine articles on such subjects as "The Cost of Disease" all emphasize the fact that our hospital training is merely the beginning of our professional life.

In many and various ways, as teachers, advisers or demonstrators in the home, present day nurses assist in promulgating the great principles underlying good health, as well as in seeking to aid those who are suffering from disease, thus becoming potent factors for good in the development of the nation.

Who among us would attempt to estimate the sum total of good to the human race resulting from the life of that great and noble nurse, Florence Nightingale?

This being true, what shall be said of the infinite possibilities for the uplift of our people, and how great may be the work accomplished by this National Association of Trained Nurses, if we reckon it our duty and high privilege not only to nurse the sick but take advantage of every opportunity to instil and inculcate by precept and example the great principles underlying right living or the conservation of health; carry these principles into the homes of all who live in our great and rapidly growing cities, to the hardy inhabitants on our Atlantic and Pacific seaboards, and to our native and foreign population resident throughout the vast stretch of territory lying between the two great oceans?

That great and good man, Phillips Brooks, once said, "We are our best when we try to be it not for ourselves alone, but for our brethren; and we take God's gifts most completely when we realize that He sends them to us for the benefit of other men, who stand beyond us needing them."

Miss R. Stewart, Superintendent of the Toronto General Hospital Training School for Nurses, read the report of the Secretary and the Treasurer, both of which were adopted.

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## THE CANADIAN NATIONAL ASSOCIATION OF TRAINED NURSES

**(Provisional Organization.)**

REPORT OF THE SECRETARY.

For the years 1908-1911 (October, 1908—May, 1911)

Madame President, Delegates of the Affiliated Societies:

During the time that has elapsed since the formation at Ottawa, October 8th, 1908, of the Provisional Organization of a National Association of Trained Nurses, twenty-one societies have become affiliated as members of this Provisional Association. These twenty-one societies are divided as follows:—One society of training school superintendents, two provincial associations of graduate nurses, six city associations of graduate nurses and twelve nurses' training school alumnae associations.

The names of these Associations are:—

The Canadian Society of Superintendents of Training Schools for Nurses.
The Ontario (provincial) Graduate Nurses' Association.
The Manitoba (provincial) Graduate Nurses' Association.
Montreal—The Canadian Nurses' Association.
Ottawa—The Ottawa Graduate Nurses' Association.
Vancouver—The Vancouver Graduate Nurses' Association.
Victoria—The Victoria Trained Nurses' Club.
Calgary—The Calgary Graduate Nurses' Association.
Edmonton—The Edmonton Graduate Nurses' Association.
Toronto—Toronto General Hospital Alumnae Association.
Toronto—Grace Hospital Alumnae Association.
Toronto—Hospital for Sick Children Alumnae Association.
Toronto—St. Michael's Hospital Alumnae Association.
Toronto—Riverdale Hospital Alumnae Association.
Montreal—Montreal General Hospital Alumnae Association.
Montreal—Royal Victoria Hospital Alumnae Association.
Kingston—Kingston General Hospital Alumnae Association.
Hamilton—Hamilton City Hospital Alumnae Association.
Galt—Galt Hospital Alumnae Association.
Collingwood—General and Marine Hospital Alumnae Association.
St. Catharines—General and Marine Hospital Alumnae Association.

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## ARMY NURSING RESERVE.

In the spring of 1909 the following delegates were appointed to represent, with our President, the Canadian National Organization at the meeting of the International Council to be held in London in July of that year:—Miss Brent, Superintendent of the Hospital for Sick Children, Toronto; Miss Scott, Superintendent of Nurses, Grace Hospital, Toronto; Miss Baikie, President of the Canadian Nurses' Association, Montreal, and Miss Tedford, nurse in charge operating theatres, Montreal General Hospital. As the secretary of the Canadian National Association was unable to attend the international meetings Miss Tedford was appointed acting secretary.

A letter was sent out at this time (spring, 1909) to the secretary of each of the affiliated societies notifying them of the International Congress of Nurses to be held in London, July 19th to July 24th, and urging all nurses who could possibly do so to attend this Congress.

See Miss Tedford's report for account of the Congress.

Early in May, 1910, a letter of notification was sent out to the affiliated societies to the effect that a pubilc meeting would be held in Toronto on May 25th in the interests of Army Nursing Reserve and requesting each society to send a delegate to this meeting.

In March, 1911, copies of a questionnaire on preliminary training, prepared by the International Committee on Education, were sent out by the secretary to twenty-six training schools for nurses. To date (May 15th) replies have been received from thirteen. Some of these suggest confusion between the terms "period of probation" and "preliminary course." It is hoped that more replies may be sent in and that in replying the distinction between these terms may be carefully considered. In concluding, the secretary wishes to express her regret for the delay and inconvenience that her frequent changes of address have caused the President and others and to beg that she may be notified of any omissions in this report which might be due to mail matter having gone astray.

Respectfully submitted,

F. MADELINE SHAW,
Secretary.

## REPORT OF THE TREASURER

For the years 1908-1911 (October, 1908—May, 1911).

Twenty-one societies having joined the national organization there has been received in initiation fees from these affiliated societies the sum of one hundred and five dollars. In some instances the fee was sent in the form of a cheque, in one or two cases only the amount of discount (fifteen cents) being added. Through the kindness of a friend, a bank official, your treasurer has been enabled to cash these cheques at par, but she thinks it well to call attention to this point, as in the future the treasurer might not be able to arrange this. Therefore fees should be sent in the form of a postal or express order. The amount of expenditure has been forty-seven dollars and seventy cents, leaving a balance of fifty-nine dollars and eighty-six cents in the savings bank branch of the Bank of Montreal at Montreal. The balance sheet gives the details of expenditure, the largest item of which has been the printer's bills for the necessary forms, stationery, notices, etc.; a good supply remains on hand.

Respectfully submitted,

F. MADELINE SHAW,
Treasurer.

May 11th, 1911.

## BALANCE SHEET.

RECEIPTS.

October, 1908, to May, 1911.

| | |
|---|---|
| Amount of affiliation fees from twenty societies | $100.00 |
| Amount of affiliation fee from one society | 5.10 |
| Total amount received | $105.10 |
| Interest on bank deposits, October, 1908, to May, 1911 | 2.46 |
| Total | 107.56 |

EXPENDITURE.

| | |
|---|---|
| 1908—October, November, December. | |
| Discount on cheque | $ .15 |
| E. M. Renaup, record and account book...s | 1.50 |
| Wm. Tyrrel & Co., noteheads, envelopes, by-laws | 9.75 |
| Affiliation fee, International Council of Nurses | 10.00 |
| 1909—January, May. | |
| E. M. Renaup, receipt and bill forms | 3.50 |
| Wm. Briggs, printing | 6.50 |
| 1910—May. | |
| Wm. Tyrell, printing | 3.80 |
| October, 1908, to May, 1911. | |
| Stamps | 12.00 |
| Express | .50 |
| Total expenditure | $47.70 |

BALANCE.

| | |
|---|---|
| Receipts, total amount | $107.56 |
| Expenditure, total amount | 47.70 |
| Balance | 59.86 |
| Amount on deposit in bank | $59.86 |

F. MADELINE SHAW,
Treasurer.

Miss Stewart read the report, prepared by Miss Tedford, of the meeting of the International Council of Nurses held in London, England, in July, 1909.

## REPORT OF INTERNATIONAL COUNCIL OF NURSES.

Madame President and Ladies:

I have the honour to present the report of the second quinquennial meeting of the International Council of Nurses, which was held at the Church House, Westminster, London, England, 19th July, 1909. Presidents, delegates or representatives were there from the National Councils of Great Britain and Ireland, the United States of America, Germany, Holland, Finland, Denmark, Canada, Sweden, Switzerland, Australia, Tasmania, Belgium, Cuba, France and Japan.

While the large audience was assembling we had the pleasure of listening to an organ recital by Mr. Viner, who played the national anthems of the various countries.

The address of welcome was given by Mrs. Bedford Fenwick.

Reports of Federated Councils were presented for Great Britain by Miss Isla Stewart, for Germany by Fraulein Agnes Karl, and for the United States by Miss Goodrich.

The American delegates presented beautiful bouquets to Mrs. Bedford Fenwick and Miss Isla Stewart, and tendered an official invitation to them to become honorary members of the American Federation. Miss Stewart then presented a bouquet to Miss Goodrich, and the national anthems of America and England were sung.

Mrs. Garrett Fawcett conveyed the greetings of the International Woman's Suffrage Alliance. The Presidents of the incoming Associations were severally presented and welcomed, each being presented with a bouquet, and

the organist playing the national anthem of the country as the President was received.

The National Councils from Holland, Finland, Denmark and Canada were formally admitted. Each President presented her report. Miss Snively said, "In presenting this report of the status of nursing education in Canada, the facts are gleaned from the reports of seventy schools, ranging in size from 10 to 100 pupils, and stretching from the Atlantic to the Pacific coasts. Although nurse training schools in Canada are few compared with those of more densely populated countries, nevertheless, as most of the Superintendents of the schools have received their nursing education either in the large hospitals in Canada or in the United States, a large percentage are being conducted on modern lines. Many of the larger schools have provided substantial scholarships and prizes, and teaching by demonstration and bedside or clinical instruction obtains in most of the best schools.

The school nurse has begun her beneficent work in Canada. The district nurse becomes more indispensable each year. Social relief and tuberculosis work are actively carried on. Canada has its nursing journal, and there is a very progressive Canadian Nurses' Association. Canada has made three unsuccessful efforts to secure registration of trained nurses. She is not discouraged, but hopes that the not too far distant future may bring this much desired good."

Miss Huxley, who offered the welcome of the National Council of Nurses to Canada, said that Miss Snively's untiring work in connection with the formation of the Canadian National Society was too well-known to need comment from her. Miss Huxley then presented Miss Snively with a very beautiful bouquet. In expressing her thanks, Miss Snively presented a telling word picture of Canada. The audience rose to its feet while the "Maple Leaf" resounded through the Hall, and so ended a most memorable and unique ceremony.

Sister Agnes Karl was elected President unanimously, and her first act was to propose that greetings should be sent from the Congress to Miss Florence Nightingale. The motion was carried by acclamation.

Miss Dock and Miss Breay were re-elected honorary secretary and honorary treasurer.

The conferences will be held triennially in future, and it was agreed to hold the next Congress at Cologne in 1912.

A resolution in favour of State registration for nurses was carried.

A resolution in favour of the granting of the Parliamentary franchise to women was also carried; but not without dissentients.

Short speeches were delivered on the conditions of nursing in France, Italy, Sweden, Belgium, Japan and Syria. The Council then adjourned.

A delightful luncheon was given at the Gaiety Restaurant at which Mrs. Bedford Fenwick was the hostess to the Presidents and Delegates.

A very enjoyable At-Home was given at St. John's House, where tea and music were enjoyed in the cool quiet rooms and garden.

In the evening Miss Isla Stewart entertained in the Great Hall at St. Bartholomew's. There could scarcely be a more fitting setting than the historic hall.

The International Congress of Nurses opened Tuesday morning, July 20th, Miss Isla Stewart in the chair. She said that she was proud to be able to say that the constitution for the International Council of Nurses had been drawn up at the Matron's House, St. Bartholomew's Hospital.

A paper on the international educational standard for nurses was read by Mrs. Hampton Robb, who said that in many respects the methods and the ways of regarding nursing problems were as foreign to the various delegations as were the actual languages, and that sooner or later we must put

ourselves upon a common nursing basis that would give us a universal nursing language and methods, and in the interests of and protection for the public urged State registration. The Hon. Sydney Holland, chairman of the London Hospital, spoke against State registration for nurses.

Mrs. Fenwick announced that the Lord Chamberlain wished the International Council to be informed of the special interest the King has taken in the visit of its members to Windsor Castle; that the King had written himself instructing that special facilities should be granted, and that his Majesty had specially singled out the Canadian delegates, by permitting them to place upon the tomb of the late Queen Victoria a wreath, bearing an inscription expressing their loyalty and devotion to the Crown.

The afternoon session opened at Caxton Hall and was devoted to the nurse in private practice. The doctor's, nurse's and patient's point of view were given. Dr. D'Arcy Power said that the proper position which ought to be taken by the doctor in any given case was that he was the managing director in a firm, where the other partners have equal rights, but different spheres of action, and he warned the nurse to avoid the ever-present temptation of becoming so absorbed in nursing as to have no interests outside of it.

For the patient, Madame Salvador said the nurse must have gifts of the heart. The gift of love and the intellectual must come to the aid of the moral and educational qualities.

For the nurse, Miss Kent said that the most serious trial of the private nurse was the difficulty of obtaining sufficient sleep, and that it demanded ready judgment, initiative and resourcefulness to be a good private nurse.

School nursing was discussed by a section of the Congress in the smaller hall, and a short but interesting session was held, when the Rev. E. F. Russell gave an address on the care of the body after death. An exhibition of nursing appliances was held at Caxton Hall.

At 4 p.m. the British Journal of Nursing was "At Home" to the Officers and Delegates. Tea was served.

In the evening a very delightful reception was held at the Dore Galleries on Bond Street, where an orchestra played and there were some very fine pictures to be seen.

Wednesday morning the session was opened by Lady Helen Munro Ferguson, who gave a very inspiring address on the Nurse as Citizen, pointing out that the nurse's work was of the utmost importance to the State, for its chief aim is to fit others to become equal to and to make the most of their chances and opportunities, to use her professional skill and that personal influence which she can exercise, whether in hospital or in the private home, under such extraordinarily favourable circumstances, so as to increase the physical and moral efficiency of every human being to whom she ministers.

A paper on the Preparation of the Nurse for Administrative Positions and for Social Service, by Miss Adelaide Nutting, was then read.

The preparation of nurses for the various responsibilities ought not, Miss Nutting said, to be a difficult or costly matter. The scattered and unused opportunities in the household and administrative departments of our hospitals would, if gathered together and welded into a carefully and logically arranged course of study and training, form a valuable part of such a preparation.

Mlle. Chaptal gave an interesting account of work among the poor in Paris.

Interesting papers were read on Floating Hospitals and on the Factory Nurse. Mrs. Bedford Fenwick spoke of nursing in prisons and said she would like to plead for more interest in the subject.

Miss Goodrich gave an account of social service in connection with Bellevue Hospital, illustrated by a very fine chart. Patients after leaving

the hospital are sent to a convalescent home if necessary. Inquiries were made as to whether the children at home were fed and cared for. The provision of legal aid, dietetic and surgical aid, and, above all, loans, was part of the work of the organization.

District nursing and school nursing were also discussed.

Wednesday afternoon, Miss Goodrich, President of the American Federation of Nurses, was in the chair. Papers on the Relations of Nursing and Medicine were read by Miss Mollett and by Dr. Sevestre, who said that the relationship between the doctor and the nurse should be characterized by unity, peace and concord.

A Session on Massage was held in the small hall.

Wednesday afternoon, 600 members of the Congress were most kindly received at a Reception at Dorchester House, the residence of the American Ambassador and Mrs. Whitelaw Reid. The fine marble staircase, beautiful old pictures and works of art were greatly admired, delightful music was heard and refreshments were served.

Wednesday evening a banquet was held at the Gaiety Restaurant. The guests were received by Mrs. Bedford Fenwick. The Presidents, Delegates and over 300 guests were present.

Lord Ampthill presided. The toast of the King was honoured. The toasts of the Presidents were happily proposed by Lord Ampthill and were honoured and responded to.

The occasion was one of the most memorable as also the most enjoyable functions connected with the Congress.

Thursday morning Mrs. Hampton Robb was the President of the Session and the subject discussed was the care of the Insane.

Dr. Robert Jones read a paper, saying that only a little over a hundred years marked the transformation between a recital of prejudice, suspicion, superstition and castigation in the treatment of insanity and the humane and scientific treatment of to-day.

He asserted that all the great public asylums should also be training schools for nurses of both sexes.

A paper on the Modern System of Nursing the Insane was read by Miss Parsons, Baltimore.

Thursday afternoon Miss Isla Stewart, Matron of St. Bartholomew's Hospital, was President of the session. The Hon. R. B. Haldane, Secretary of State for War, gave an address on the Nurse as Patriot. Mr. Haldane, in the course of his speech, said that the nurse was not merely a private individual, but she could be a patriot and bear her part in the defence of the great national interests. The nursing profession was growing to an importance it had never yet had at any period in the history of the world. The work of women in home defence became more important and no army was organized without that element.

Miss Elston, of France, and Fraulein Karl, of Germany, also spoke on the same subject.

On Thursday afternoon the Lord Mayor of London and the Lady Mayoress received over 550 members of the Congress at the historic Mansion House. The Egyptian Hall, where refreshments were served, blazed with gold plate and beautiful banners. Very delightful music was heard and the scene was very animated.

Friday morning the President of the session was Fraulein Agnes Karl, R. N. President of the German Nurses' Association.

Splendid papers were read—the first on Morality in Relation to Health, by the Hon. Albinia Brodrick, and the second on the Need of Education on

Matters of Social Morality, by Miss L. L. Dock. The following resolutions were carried:—

That this meeting recommends to each National Association of Nurses now in membership in the International Council of Nurses that it do appoint in its own country a standing committee on morality and public health and that it plan its work on the following lines:—

1. To learn how and to what extent immorality is affected by national or local laws.

2. To recommend suitable instructive literature to nurses on this topic.

3. To put itself in communication with national societies on moral prophylaxis.

4. To urge more careful teaching on these lines to nurses in hospitals.

Friday afternoon the President of the Session was Miss Snively, President Canadian National Association of Trained Nurses. The Nurse in the Mission Field was the topic. A paper on her preparation was read by Miss Fox, Matron Prince of Wales Hospital, London, in which she pointed out that a good constitution was a necessary foundation for the missionary nurse, and that the training must be of the best, and she must have a love for her work. Miss E. M. Stuart, Medical Missionary, Ispahan, Persia, read a paper on The Practical Sphere of Work.

Many beautiful bouquets were presented during the week. At the close of Friday morning's session, Miss Snively presented a lovely bouquet of carnations of most unique colour to Mrs. Bedford Fenwick, saying that the delegation from the Dominion of Canada desired to express to her their appreciation of her kindness in assisting in the formation of the Canadian National Association of Trained Nurses, and of the splendid work she had done for the nurses of the world.

Mrs. Fenwick, in thanking Miss Snively and the Canadian delegation, said that she was almost overpowered by their beautiful gift and the sentiments which had inspired them in presenting it. The young councils which had now come forward had brought splendid workers to the service of the International Council, and she would watch with interest the progress it was sure to make through their continued efforts.

Miss Baikie, Canada, then presented Mrs. Walter Spencer, the chairman of the Hospitality Committee, with a beautiful bouquet of pink roses.

Mrs. Spencer, in thanking the Canadian delegation, said the success of the Congress was due in a great measure to those who had come such long distances to take part in it.

At the end of Friday afternoon's session Miss Snively was presented with a beautiful bouquet of orchids and lilies of the valley from the Canadian delegation.

The Irish village at the International Imperial Exhibition was thronged on Friday afternoon by about 250 members of the Congress at the kind invitation of the Hon. Albinia Brodrick. A most sumptuous tea was provided, at which many made their first acquaintance with Irish potato cakes.

The guests then adjourned to the concert room, where a programme of Irish songs and dances was enjoyed.

On Saturday afternoon a superb wreath was placed on the tomb of the late Queen Victoria at Frogmore by Miss Snively. The foundation of the wreath was of purple stock fringed with lilies of the valley, decorated with orchids, lilies of the valley, stephanotis, purple iris and the maple leaf. There was an inscription painted in gold on the purple satin ribbon. The fifteen Canadian nurses having surrounded the tomb, Miss Snively said, "By the permission of His Most Gracious Majesty, King Edward the Seventh, it is our exalted privilege this afternoon reverently to stand beside the tomb of the greatest of English monarchs—Victoria, Queen of Great Britain and

Empress of India. As loyal British subjects we recall with pride and satisfaction the grandeur and power of her kingdom, and the wonderful wisdom and progress which characterized her reign over many races and peoples, but, above all these, we delight to remember the womanly gentleness of her character, and that every effort for the alleviation of human suffering found a ready response in her sympathetic nature. These qualities have forever enthroned Queen Victoria in the hearts of her subjects, not only in England but in her Dominions across the seas. In the name therefore of the Canadian National Association of Trained Nurses, and as their representative, I most loyally and reverently place this tribute of heartfelt homage and undying devotion from the nurses of the Dominion of Canada on the tomb of our late beloved Sovereign, Queen Victoria." After the nurses had viewed the beautiful interior of the mausoleum they visited Windsor Castle and were conducted through the magnificent state apartments and the gardens with their lovely roses.

Many then went to the Eton School Sanatorium, where Miss Tomlinson entertained them to tea in the gardens.

This report is of the sketchiest character of necessity. To relate the busy occurrences of a whole week is an impossibility in such a short time.

We heard, saw and felt a great deal. We heard of the splendid type of nurse required as private nurse, as citizen, as patriot, in social work, as school nurse, as missionary nurse, and of the work to be done in asylums and prisons. We were proud of the profession that could give us such opportunities, and yet at times plunged into depths of discouragement.

We enjoyed much delightful hospitality and were amazed spectators of suffragette interruptions while the Secretary of State for War addressed the nurses.

It was a week that will live long in the memories of all those privileged to attend.

Faithfully submitted,

NORA TEDFORD.

The President then introduced Miss Goodrich, R. N., Inspector of Nurse Training Schools of New York State, who spoke with her usual force and effectiveness. (It is a matter of regret that we cannot report this address verbatim.)

Miss Goodrich paid a tribute to Canadian nurses, with some of whom she had always been associated, as pupil nurse, head nurse and superintendent. Those singled out for special mention were Mrs. Hampton Robb, founder of the Johns Hopkins Training School for Nurses, author of "Nursing Ethics," Miss M. Adelaide Nutting, who had been the one chosen to be the head of the Department for the Higher Education of Nurses when that department was created, and Miss I. M. Stewart, who is doing such splendid work in the Department of Nursing and Health, Teachers' College, Columbia University, New York. Miss Goodrich spoke of the great work nurses may do in the conservation of national health. National efficiency depends upon national health. Nurses can do a great deal for the prevention of infant mortality, tuberculosis and insanity. Prevention was the constant cry of Florence Nightingale.

The President then called upon Mr. Barber, who spoke briefly on the value of the nurses' work. The meeting was adjourned till Thursday morning.

Thursday, May 25th, the Canadian National Association of Trained Nurses met and appointed the following officers for 1911-12:—President, Miss Snively;

First Vice-President, Miss Brent; Secretary, Miss Stewart, Superintendent of Nurses, Toronto General Hospital; Treasurer, Miss F. M. Shaw; Directors—Miss Macfarlane, Vancouver; Miss Wilson, Winnipeg; Miss Gallagher, Vernon, B. C.; Miss Rodgers, Niagara Falls, Ont.; Miss Crosby, Toronto; Miss Greene, Belleville; Miss Molony, Quebec (seven were named in case some one did not wish to act.) The following is the Constitution and By-Laws as adopted by the meeting:—

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## CONSTITUTION AND BY-LAWS OF THE CANADIAN NATIONAL ASSOCIATION OF TRAINED NURSES.

### CONSTITUTION.

#### ARTICLE I.—NAME.

The Association shall be known as The Canadian National Association of Trained Nurses.

#### ARTICLE II.—OBJECTS.

1. The objects of this Association shall be to encourage mutual understanding and unity among Associations of Trained Nurses in the Dominion of Canada.

2. To acquire a knowledge of the methods of nursing in every country, to elevate the standard of professional education, and promote a high standard of professional honor among nurses in all their relations, to encourage a spirit of sympathy with the nurses of other countries, and to afford facilities for international hospitality.

#### ARTICLE III.—OFFICERS.

The officers of this Association shall be a President, a first and second Vice-President, a Secretary, and a Treasurer.

#### ARTICLE IV.—MEETINGS.

This Association shall hold an annual meeting at such time and place as may be determined upon by the Association.

### BY-LAWS.

#### ARTICLE I.—ELIGIBILITY.

All Associations of Trained Nurses, Provincial, County, Alumnae or kindred Associations of a national character whose members are graduates from general hospitals requiring not less than two full years' hospital training as a condition of graduation, which training may be obtained in one or more hospitals, shall be eligible for membership.

#### ARTICLE II.—MEMBERSHIP.

The membership in this Association shall be divided into active, permanent and honorary.

Active members shall be all delegates duly elected to represent affiliated nursing organizations belonging to this Association, together with all officers of the National Association.

Honorary members shall consist only of women who shall have rendered distinguished service in the nursing profession. They shall be elected by open vote at the annual meeting.

Permanent members shall consist of charter members, officers, and delegates who have attended three consecutive meetings of the Association.

ARTICLE III.—ANNUAL MEETING.

The annual meeting of this Association shall include all officers of the Association and delegates from affiliated nursing organizations in such proportion to their numbers as shall be hereinafter specified.

ARTICLE IV.—DUTIES OF OFFICERS.

Section 1. The President shall preside at the annual meeting and appoint all committees not otherwise provided for. She shall be an ex-officio member of all committees.

Sec. 2. The Vice-Presidents shall, according to their rank, in the absence of the President, perform her duties.

Sec. 3. The Secretary shall keep the minutes of the meeting, conduct the correspondence of the Association, and send by mail to the Board of Directors and to the affiliated nursing organizations copies of all such matters as may be deemed necessary. She shall preserve all papers, letters and unpublished transactions of this Association.

Sec. 4. The Treasurer shall collect and have charge of all funds of this Association. She shall deposit such funds in a bank of good credit, shall make all her payments by cheque and shall pay such bills only as shall have been approved by the President. She shall submit her reports and accounts annually to the auditors and shall report to the Board of Directors whenever requested to do so, the financial standing of the Association.

ARTICLE V.—BOARD OF DIRECTORS.

Section 1. The Board of Directors shall be composed of the President, Vice-Presidents, Secretary, Treasurer, and six others, who shall be elected at each meeting of the Association.

Sec. 2. The Board of Directors shall be the Executive Committee, who shall convene at the call of the President, three of whom shall form a quorum.

ARTICLE VI.—REPRESENTATION OF MEMBERS.

Section 1. Active members shall be duly elected delegates from affiliated nursing organizations. They shall be entitled to vote at the annual meetings. They shall be eligible for office.

Sec. 2. Each affiliated Association composed of ten members or less shall be entitled to one delegate, each affiliated Association composed of eleven to twenty members, two delegates, and for each additional ten members one additional delegate, but no Association shall have more than five representatives at the annual meeting.

Sec. 3. All nurses in good standing in affiliated organizations may attend all general sessions of this Association, but shall not be entitled to vote or hold office.

ARTICLE VII.—ELECTIONS.

Section 1. The officers and members of Board of Directors shall be elected annually by ballot.

Sec. 2. A majority vote of those entitled to vote and voting shall constitute an election.

Sec. 3. On the first day of the convention the President shall appoint two scrutineers, who shall report the results of the election to the Association.

Sec. 4. The Secretary shall furnish the chairman of the scrutineers not less than two hours before the opening of the polls a list of the officers, Presidents of Provincial Associations, delegates, etc., entitled to vote, the names of kindred organizations, the number of delegates present and number of votes to which each Association is entitled.

Sec. 5. The Scrutineer shall place her official mark upon the back of the ballot, and the voters shall then deposit the ballot.

Sec. 6. Each officer shall hold office until the adjournment of the convention following that of her election.

Sec. 7. In case of a vacancy in any office the President shall appoint a member to serve until her successor is elected.

Sec. 8. Delegates from affiliated Associations before registering shall present a card signed by the President of the organization they represent.

ARTICLE VIII.—ORGANIZATIONS.

A Nursing Organization shall become affiliated with this Association by making application on a blank form furnished by the Association, and the payment of initiation dues of five dollars. Its Secretary shall send annually a copy of its constitution and by-laws with the names of its officers and members, to the Secrtary of this Association. It may thereafter be represented at the annual meeting by sending delegates, one of whom may be its President.

ARTICLE IX.—STANDING COMMITTEES.

Section 1. The standing committees shall be as follows, appointed by the Board of Directors:—

(a) Arrangements.
(b) Publications.
(c) Eligibility.
(d) Programme.

Sec. 2. The Committee on Arrangements shall consist of not less than five. The chairman of this committee shall be a resident of the city in which the annual meeting is to be held.

Sec. 3. The Publication Committee shall consist of three members, one of whom shall be the Secretary.

Sec. 4. The Eligibility Committee shall consist of three members, who shall investigate the eligibility of all nursing organizations applying for membership in this Association. It shall report its findings to the Executive Committee, whose decision as to eligibility shall be final.

Sec. 5. The Programme Committee shall consist of five members; it shall prepare and arrange for papers and discussions for the annual meeting, and in conjunction with the Executive Committee complete the programme for the entire session.

Sec. 6. A majority of any committee shall constitute a quorum.

ARTICLE X.—DUES.

Each affiliated Association shall pay an annual fee of ten cents per capita. Permanent members shall pay an annual fee of one dollar.

ARTICLE XI.—AMENDMENTS.

Section 1. These By-Laws may be amended at any annual meeting of the National Association.

Sec. 2. All proposed amendments shall be in possession of the Secretary at least three months before the date of the annual meeting and shall be printed in the notice calling the meeting.

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## IMPORTANT.

A third volume of The History of Nursing, Nutting and Dock, is shortly to appear. A chapter will be contributed by every country where trained nursing exists. That upon Canada is being prepared by Mrs. Lyman, late Lady Superintendent of the General Protestant Hospital, Ottawa. Readers of the Canadian Nurse and nurses generally are requested to assist by sending any information regarding training schools, nursing associations, remote districts, statistics regarding nurses in Canada, special work or departments in hospitals or among graduates. Any items of interest should be sent to Mrs. Warren S. Lyman, 292 Somerset Street, Ottawa, Ontario.

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The General Hospital, St. John's, Newfoundland, has sustained a severe loss in the death of Sister Victoria (Miss B. Hayes), who passed away at the institution the morning of June 15th. A thoroughly capable and efficient nurse, her gentle, unassuming disposition and bright, cheerful manner endeared her to all with whom she came in contact during her four years of faithful service in the hospital.

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## TRIBUTE FOR SPLENDID SERVICES RENDERED.

Miss Ethel Johns, who is a graduate of the Winnipeg General Hospital Training School for Nurses and who for several years has been in charge of the X-ray department of the hospital under Dr. Inglis, has, much to the regret of that institution, decided to sever her connection with the hospital and has accepted the position of Lady Superintendent of the McKellar Hospital, Fort William. Miss Johns has been the guest of honor this week at a number of functions. Tuesday evening the staff nurses of the hospital entertained her at a very delightful reception and dance. On Wednesday evening the Alumnae

Association of the Winnipeg General Hospital received on her behalf, and in spite of the terrible storm a large number of guests were present. The special feature of this gathering was the presentation to Miss Johns by the Alumnae Association of a beautiful gold watch suitably engraved. This presentation was made, on behalf of the Association, by Miss Wilson, the Lady Superintendent, who gave a brief but telling sketch of what the Association owed to Miss Johns. She had been the first Editor of the Nurses' Journal got out by the Alumnae, and the brightness of her writing and her boundless enthusiasm had done more than any other factor to make that journal the bond it is to-day between the nurses still actively engaged in the profession and those who had gone into homes of their own. Miss Johns had served them for two years as President and her ability had been equally conspicuous in that position.

Having spoken on behalf of the Association, Miss Wilson added a personal note of regret, saying that she should greatly miss Miss Johns from her staff and the Winnipeg General Hospital would miss her also.

Miss Johns was too much overcome to more than bow her acknowledgments.

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## OTTAWA GRADUATE NURSES' ASSOCIATION.

The annual meeting was held at the Nurses' Club, Somerset Street, on April 24th, 1911, and the following officers were elected:—President, Mrs. Ballantyne; Vice-President, Mrs. Harris; Treasurer, Miss Kerr; Secretary, Miss Argue; Board of Directors, Mrs. Church, Mrs. Douglass, Miss Maxwell, Miss Catton, Miss Snow.

In October, 1910, the Nurses' Club was formally opened by a reception and household shower, many useful and ornamental articles being received. A large number of guests were present and an enjoyable evening was spent. The club is commodious and very comfortable, there being accommodation for about fifteen nurses. A large reception room is at the disposal of the nurses, where they may entertain friends, hold meetings or spend a quiet hour when off duty.

In February of this year a concert was given in the Russell Theatre, nurses from the different local institutions giving demonstrations in practical work. Miss Mackenzie, General Superintendent of the Victorian Order of Nurses, gave a short talk on the life of Florence Nightingale. A garden party will be held on June 2nd at the Lady Stanley Institute.

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## THE SCHOOL NURSE

The public schools of Vancouver, B. C., are all supplied with paper towels.

An auxiliary class for backward and mentally deficient children was opened in Vancouver in March, 1911. The class is in charge of Miss A. J. Dauphinee, who trained for this work.

The majority of the schools in Vancouver are fitted with sanitary drinking fountains. In the older schools they are now being installed and by the end of the summer all schools will be equipped.

Miss Wright, graduate of Harper's Hospital, Detroit, has been appointed school nurse in New Westminster, B. C.

Miss Gilchrist, London, Ont., reports that during the months of March and April there were 3,327 inspections made, 93 visits to schools and 95 visits to homes. Six had glasses fitted, six had tonsils and adenoids removed and seven had teeth filled.

"The effect of deep breathing as a mental stimulant is very pronounced. Two minutes' exercise of deep breathing will remove all feelings of sluggishness, provided, of course, that the exercise be taken in a room with the windows open, or, better still, in the open air.

"The mouth is the seat of many of the communicable diseases. For this reason mouth sanitation is important. A clean mouth and sound teeth are big factors in protecting physical health. Oral hygiene, as it is called, is becoming an important and recognized branch of medical school inspection. It is well understood that proper care and attention given to the mouth means that the child will be healthier, better able to assimilate its food, make better progress in its studies and be less liable to attack from the usual epidemic diseases of childhood."—*Bulletin, Department of Health, Chicago.*

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## QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

War Office, London, S. W., May 16th, 1911.

The following ladies have received appointments as Staff Nurses:—Miss A. M. Ahern, Miss E. Dearberg.

**Transfers to Stations Abroad.**

Staff Nurses.

Miss L. A. Burgess, to Gibraltar, from Mil: HP. Devonport.
Miss E. R. Collins, to Egypt, from Mil: HP. Tidworth.

June 19th, 1911.

**Transfers to Stations Abroad.**

Staff Nurse.

Miss A. Weir, to Malta, from Curragh.

Promotions.

The under-mentioned Staff Nurses to be Sisters:—Miss M. Barton, Miss C. W. Jones.

E. H. BECKER, Matron-in-Chief, Q.A.I.M.N.S.

## THE ALUMNAE ASSOCIATION OF THE HAMILTON CITY HOSPITAL.

President, Miss N. J. Burnett, 423 Main St. East; Vice-President, Mrs. A. W. Newson, 87 Pearl St. North; Recording Secretary, Miss D. E. Street, 200 Hughson St. North; Corresponding Secretary, Miss Etta McLeay, Mountain Sanitorium.

Executive Committee—Mrs. Margaret Reynolds, 87 Victoria Ave. S.; Miss Ida Ainslie, 45 Bay St. S.; Miss Bertha Miller, 87 Victoria Ave. S.; Miss Elizabeth Aitkin, 198 Hughson St. N.; Miss E. J. Deyman, 87 Victoria Ave. S.

Regular meeting, first Tuesday, 8 p.m.

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## THE ALUMNAE ASSOCIATION OF THE HOSPITAL FOR SICK CHILDREN TRAINING SCHOOL FOR NURSES, TORONTO.

Hon. President, Miss Brent; President, Miss Lina Rogers, 908 Bathurst St.; First Vice-President, Miss M. Ewing, 569 Bathurst St.; Second Vice-President, Miss A. Robertson, 182 Walmer Rd.; Recording Secretary, Miss Monk, 664 Ontario St.; Corresponding Secretary, Miss B. Goodall, 666 Euclid Ave.; Treasurer, Miss M. Wilson, 47 Brunswick Ave.

Directors—Miss E. Jamieson, 23 Woodlawn Ave. E.; Miss Charters, 425 Carlton St.; Miss G. Gowans, 5 Dupont St.

Convener of General Business Committee, Miss Ewing, 569 Bathurst St.; Convener of Sick Visiting Committee, Miss G. Gowans, 5 Dupont St.; Press Representative, Mrs. H. E. Clutterbuck, 148 Grace St.; Canadian Nurse, Miss M. Barnard, 608 Church St.; Invalid Cooking, Miss Mary Gray, 505 Sherbourne St.; Central Registry, Miss McCuaig, 605 Ontario St.; Miss Gray, 505 Sherbourne St.

Regular meeting, second Thursday, 3.30 p.m.

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## GRACE HOSPITAL ALUMNAE ASSOCIATION.

President, Miss De Vellin, 505 Sherbourne St.; First Vice-President, Miss McKeown; Second Vice-President, Miss McMillan; Secretary, Miss Allen, 71 Grenville St.; Treasurer, Miss Macpherson, Palmerston Boulevard.

Board of Directors—Miss Carnochan, Miss Monery, Miss Soane, Miss Etta MacPherson and Miss Thompson.

Social Committee, Miss Shatford, Mrs. Corrigan and Miss Webster; Sick Committee, Misses Irvine and Gibson; Convener of Programme Committee, Miss McMillan; Convener of Press and Publication Committee, Miss Smith, 9 Pembroke St.

Regular meeting, second Tuesday, 3 p.m.

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## THE ALUMNAE ASSOCIATION OF ST. MICHAEL'S HOSPITAL, TORONTO.

President, Miss Connor, 418 Sumach St.; First Vice-President, Miss O'Connor, St. Michael's Hospital; Second Vice-President, Mrs. W. J. Hohlstein, 175 Walmer Rd.; Secretary, Miss O'Meara, 9 Pembroke St.; Treasurer, Miss Thompson, 9 Pembroke St.

Board of Directors—Miss Greene, Hospital for Incurables; Miss Reilly, 9 Pembroke St.; Miss Blaney, 379 Ontario St.

Representatives on Central Registry Committee—Miss Kimmett, 418 Sumach St.; Miss Weyer, 418 Sumach St.; Miss Ryan, 491 Broadview Ave.

Representative "The Canadian Nurse"—Miss Stubberfield, The Home Hospital, 64 Gloucester St.

Secretary-Treasurer Sick Benefit Fund—Miss O'Connor, St. Michael's Hospital.

## THE ALUMNAE ASSOCIATION, RIVERDALE HOSPITAL, TORONTO.

President, Miss Mathieson, Superintendent; Vice-President, Miss Mannering; Secretary, Miss McElheran, Riverdale Hospital; Treasurer, Miss Fogarty, corner Pape Ave. and Gerrard St.

Sick Visiting Committee, Misses Bishop and Luney; Programme Committee, Misses Stretton, Piggott and Murphy; Executive Committee, Misses Gate, Whitlam, Day and Nicol.

Representatives on Central Registry Committee—Misses Argue and Mannering.

Representative "The Canadian Nurse"—Miss McNeil, 505 Sherbourne St.

Regular meeting, first Thursday, 8 p.m.

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## THE ALUMNAE ASSOCIATION OF THE TORONTO GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES.

President, Miss Julia Stewart, 12 Selby St.; First Vice-President, Miss M. E. Christie, 19 Classic Ave.; Second Vice-President, Miss Brerton, General Hospital; Recording Secretary, Miss Janet Neilson, 295 Carlton St.; Corresponding Secretary, Miss Aubin, care of J. W. Flavelle, Esq., Queen's Park; Treasurer, Mrs. Mill Pellatt, 36 Jackes St.

Board of Directors—Mrs. Bailey, Miss Field, Miss Florence Ross.

Conveners of Committees—Sick Visiting, Miss Purdy; Registration, Miss Bella Crosby; Social and Lookout, Miss Kilgour; Programme, Miss Tweedie; Central Registry, Miss W. Fergusson, Miss C. A. Mitchell.

"The Canadian Nurse" Representative—Miss Lennox, 107 Bedford Rd.

Regular meeting, first Friday, 3.30 p.m.

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## THE FLORENCE NIGHTINGALE ASSOCIATION OF TORONTO.

Honorary President, Miss M. J. Kennedy, 1189 Yates St., Victoria, B.C.; President, Miss M. A. McKenzie, 290 Macpherson Ave.; Vice-President, Miss M. Urquhart, 64 Howard St.; Secretary-Treasurer, Miss J. C. Wardell, 171 Delaware Ave.

Board of Directors—Misses Pringle, Waddell, Kinder, Hamilton, Griffith, Wilson, and Mrs. Valentine.

Convener Social Committee—Miss McKenzie.

Representatives the Central Registry—Misses McKenzie and Waddell.

The Canadian Nurse Representative—Miss M. S. Wilson, 434 Markham St.

The Association meets every six weeks.

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## THE TORONTO WESTERN HOSPITAL ALUMNAE ASSOCIATION.

Hon. President, Miss Bell, Lady Superintendent; President, Mrs. MacConnell, 125 Major St.; 1st Vice-President, Miss M. Wilson, 30 Brunswick Ave.; 2nd Vice-President, Miss M. Brett, 27 Irwin Ave.; Recording Secretary, Miss M. Kelly, 254 North Lisgar St.; Corresponding Secretary, Miss L. Bowling, 77 Winchester St.; Treasurer, Miss Mary Anderson, 48 Wilson Ave.

Visiting Committee—Mrs. Yorke, 400 Manning Ave.; Miss M. Booth, 30 Brunswick Ave. Registry Committee—Miss E. McArthur, 30 Brunswick Ave.; Miss M. Wilson, 30 Brunswick Ave.

Board of Directors—Miss M. Brett, 27 Irwin Ave.; Mrs. Yorke, 400 Manning Ave.; Miss E. Hamlin, 30 Brunswick Ave.

Programme Committee—Miss M. Misner, 16 Ulster St.; Miss Madeline Ruck, 671 Huron St.

The Canadian Nurse—Miss M. Butchart.

# OFFICIAL DEPARTMENT.

**Queen Alexandra's Imperial Military Nursing Service.**

**The Canadian Permanent Army Medical Service (Nursing Branch).**

**The Canadian Society of Superintendents of Training Schools for Nurses.**—President, Miss Mackenzie, Chief Supt. V.O.N., 578 Somerset St., Ottawa; Secretary, Miss Scott, 11 Chicora Ave., Toronto.

**The Canadian National Association of Trained Nurses.** — President, Miss Snively, St. Catharines; Sec.-Treas., Miss F. M. Shaw, Ste. Agathe, Que.

**The Association of Hospital Superintendents of Canada.**—President, Mr. H. E. Webster, Secretary Royal Victoria Hospital, Montreal; Secretary, Dr. J. N. E. Brown, Medical Supt. General Hospital, Toronto.

**The Canadian Nurses' Association.**—President, Miss Phillips, 45 Argyle Ave, Montreal; Cor. Secretary, Miss Colley, 133 Hutchison St.

**The Manitoba Association of Graduate Nurses.**—President, Mrs. Bruce Hill, Corner Ellice and Carlton Streets, Winnipeg; Secretary, Miss Isabel Gauld, 375 Langside St., Winnipeg.

**The Nova Scotia Graduate Nurses' Association.**—President, Miss Pemberton, "Restholm," Halifax; Secretary, Miss Kirke, Supt. Victoria General Hospital, Halifax.

**The Graduate Nurses' Association of Ontario.**—Pesident Miss Bella Crosby, 41 Rose Ave.; Rec. Sec., Miss E. R. Greene, Hospital for Incurables, Toronto.

**The Victorian Order of Nurses.**—Miss Mackenzie, Chief Superintendent, 578 Somerset St., Ottawa.

**The Guild of St. Barnabas for Nurses.**

**The Brockville Graduate Nurses' Association.**—President, Mrs. V. A. Lott; Sec., Miss M. Ringer.

**The Collingwood G. and M. Hospital Alumnae Asociation.**—President, Miss Knox; Secretary, Miss J. E. Carr, Collingwood.

**The Calgary Graduate Nurses' Association.**—President, Miss Dewar, 824 4th Ave. West; Secretary, Miss Rutherford, 596 4th St. West.

**The Edmonton Graduate Nurses' Association.**—President, Miss Mitchell; Secretary, Mrs. Manson, 630 Sixth St., Harriston.

**The Ottawa Graduate Nurses' Association.**—President, Mrs. Douglas, 366 Daly Ave, Ottawa; Secretary, Miss Snow, Nurses' Club, Somerset St., Ottawa.

**The Fergus Royal Alexandra Hospital Alumnae Association.**—President, Miss Lloyd, Durham, Ont.; Sec., Miss North Harriston.

**The Galt General Hospital Alumnae Association.**—President, Mrs. Wardlaw; Secretary, Miss Adair.

**The Guelph General Hospital Alumnae Association.**—President, Miss J. J. Frew; Cor. Sec., Miss M. Walker, 263 Grange St.

**The Hamilton City Hospital Alumnae Association.**—President, Miss N. J. Burnett; Cor. Sec., Miss Etta McLeay, The Mountain Sanatorium.

**The London Victoria Hospital Alumnae Association.**—President, Miss Lyons; Sec., Miss Roche, Victoria Hospital, London, Ont.

**The Kingston General Hospital Alumnae Association.**—President, Miss Frances Wilson, Union St., Kingston; Secy. Mrs. W. J. Crothers, Jr., 86 Barrie St.

**The Montreal General Hospital Alumnae Association.**—President, Miss K. H. Brock, 59 Park Ave., Montreal; Cor. Secy., Miss S. Ethel Brown, 26 Melbourne Ave., Westmount.

**The Montreal Royal Victoria Hospital Alumnae Association.** — President, Miss Grant; Secretary, Mrs. Edward Roberts, 135 Colonial Ave., Montreal.

**The Ottawa Lady Stanley Institute Alumnae Association.**—President, Mrs. C. T. Ballantyne; Secy.-Treas., Miss M. K. Gallaher.

**The St. Catharines G. and M. Hospital Alumnae Association**—President, Miss L. Tuck; Secretary, Miss E. M. Elliott.

**The Toronto Central Registry of Graduate Nurses.**—Registrar, Miss Ewing, 569 Bathurst St.

**The Toronto General Hospital Alumnae Association.**—President, Mrs. A. E. Findlay, 649 Church St.; Cor. Secy., Mrs. N. Aubin.

**The Toronto Grace Hospital Alumnae Association.**—President, Miss De Vellin, 503 Sherbourne St.; Secretary, Miss Allen, 71 Grenville St.

**The Toronto Graduate Nurses' Club.**—President, Miss Connor, 418 Sumach St.; Sec. Miss E. Ross Greene, 418 Sumach St.

**The Toronto Hospital for Sick Children Alumnae Association.**—President, Miss L. L. Rodgers; Cor. Sec., Miss B. Goodall, 666 Euclid Ave.

**The Toronto Riverdale Isolation Hospital Alumnae Association.**—President, Miss Mathieson, Supt. Riverrale Isolation Hospital; Secretary, Miss Muriel Gale, Riverdale Isolation Hospital.

**The Toronto St. Michael's Hospital Alumnae Association.**—President, Miss Power, 9 Pembroke St.; Secretary, Miss O'Mara, 9 Pembroke St.

**The Toronto Western Hospital Alumnae Association.**—President, Mrs. MacConnell, 125 Major St.; Cor. Secy., Miss Butchart, 563 Bloor St. W.

**The Winnipeg General Hospital Alumnae Association.** — President, Miss Johns, Winnipeg General Hospital; Secy.-Treas., Miss Hood, 367 Langside St.

**The Vancouver Graduate Nurses' Association.**—President, Mrs. W. F. Salsbury, 1240 Burnaby St.; Secretary, Miss Ruth Judge, General Hospital, Vancouver.

**The Vancouver General Hospital Alumnae Association.** — President, Miss M. Beharrel, Asst. Supt. V.G.H., Vancouver; Secretary, Miss M. Wilson, 675 Twelfth Ave. W.

**The Victoria Trained Nurses' Club**—President, Miss Keast, Cranberry Gardens; Secretary, Miss Ethel Morrison, 1442 Elford St., Victoria.

**The Florence Nightingale Association, Toronto.**—President, Miss M. A. McKenzie; Secretary, Miss J. C. Wardell 171 Delaware Ave.

# The Guild of Saint Barnabas

## CANADIAN DISTRICT

MONTREAL—St. John Evangelist, first Tuesday Holy Communion at M. G. H., 615 a.m Second Tuesday, Guild Service or Social Meeting, 4 p.m. Third Tuesday, Guild Service at St. John's, 8.15 p.m. Last Tuesday Holy Communion at R. V. H., 6.15 a.m.

*District Chaplain*—Rev. Arthur French, 158 Mance Street.
*District Superior*—Miss Stikeman, 216 Drummond Street.
*District Secretary*—Miss M. Young, 36 Sherbrooke Street.
*District Treasurer*—Mrs. Messurvy, 37 Church Street.

TORONTO—St. Augustine's Parish House, 8 Spruce Street, last Monday, 8 p.m.

*Chaplain*—Rev. F. G. Plummer.
*Superior*—Miss Brent.

QUEBEC—All Saints Chapel, The Close. Guild service, fourth Tuesday, 8.15 p,m.

*Chaplain*—The very Rev. the Dean of Quebec.
*Superior*—Mrs. Williams, The Close.

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## THE ARCH-CONFRATERNITY OF THE "MISERICORDIA," FLORENCE.

*(Continued from July)*

The official dress of the brethren is a long black gown, secured at the waist by a knotted cord, and a hood called the "buffa" covering the face, with apertures for the eyes. Hood and gown are made of coarse waterproof material, originally red, as represented in an old picture, but now black, as is the large felt hat. The Rosary is always carried in the hand. The "buffa" may be raised in very hot weather or in unfrequented streets, by permission of the "maestro" of the company; but a brother uncovering his face without leave is subject to severe reproof, and possibly dismissal.

Beneath their uniform the brethren wear their ordinary dress, quite concealed by the black gown, so that only by the boots can the social status of the brother be guessed at. Boots are ordered, not shoes, that even the color of socks may not break the uniformity.

The order is a republic in miniature, all classes working together for the common good. The only rank that counts is attainable by all—gained by zeal and faithful conduct, and forfeited only by bad conduct.

*(To be Continued)*

## THE GRADUATE NURSES' ASSOCIATION OF ONTARIO.

(INCORPORATED 1908)

President, Miss Bella Crosby, 41 Rose Avenue, Toronto; First Vice-President, Miss Mina Rodgers, General Hospital, Niagara Falls, Ont.; Second Vice-President, Mrs. W. S. Tilley, Kingston; Recording Secretary, Miss E. Ross Greene, Hospital for Incurables, Toronto; Corresponding Secretary, Miss Jessie Cooper, 30 Brunswick Avenue, Toronto; Treasurer, Miss Mary Gray, 505 Sherbourne Street, Toronto.

Board of Directors—Miss L. C. Brent, Hospital for Sick Children, Toronto; Mrs. Paffard, Victoria Avenue, Eglinton; Miss K. Mathieson, Riverdale Hospital, Toronto; Miss A. J. Scott, 11 Chicora Avenue, Toronto; Miss L. L. Rogers, 908 Bathurst Street, Toronto; Miss Jean C. Wardell, 171 Delaware Avenue, Toronto; Mrs. Clutterbuck, 148 Grace Street, Toronto; Miss Ewing, 569 Bathurst Street, Toronto; Miss Pringle, 23 Park Road, Toronto; Miss Butehart, 563 West Bloor Street, Toronto; Miss Jamieson, 23 Woodlawn Avenue East, Toronto; Miss De Vellin, 505 Sherbourne Street, Toronto; Miss Barnard, 608 Church Street, Toronto; Miss Kimmett, 418 Sumach Street, Toronto.

Conveners of Standing Committees—Legislation, Mrs. Paffard; Revision of Constitution and By-Laws, Miss A. J. Scott; Press and Publication, Miss L. L. Rogers; representative to the Canadian Nurse Editorial Board, Miss Jamieson.

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The Treasurer wishes to remind the members of the G. N. A. O. that fees for 1911-12 are now due and respectfully urges that this matter be attended to without delay.

Any suggestions as to appointments to the Council will be gladly received by the Secretary. Send these as early as possible.

The Executive is planning to have a calendar again this year and will have it ready early so as to be in good time for the Christmas sale. Will nurses and Associations please keep this in mind and watch for the announcement.

The Florence Nightingale postcards may be obtained from Miss Ewing, 569 Bathurst Street, Toronto, 5 cents each, six for 25 cents.

## MINUTES OF THE THIRTEENTH ANNUAL MEETING OF THE BOARD OF GOVERNORS OF THE VICTORIAN ORDER OF NURSES FOR CANADA.

*(Continued from July)*

Mr. Herron, M.P., of Lundbreck, Alta., spoke in favor of the formation of district nursing branches throughout the West.

Lady Borden then moved, seconded by Mrs. Kirchoffer, that Local Associations be constituted at Victoria, B.C., Cobalt, Ont., and Galt, Ont., with the following spheres of operation, respectively—the city of Victoria, the town of Cobalt, and the town of Galt. Carried.

Mr. Courtney then moved, seconded by Mr. Orde, that the reports just read be received and adopted. Carried.

His Excellency offered to have Miss MacKenzie's report copied for distribution among members of the Press Gallery at the House of Commons. This kind proposal was willingly accepted.

Mr. Orde then read a letter containing the judgment of Messrs. Lewis Smellie in regard to the lawfulness of agreements which might be entered into by any Local Association with any insurance company, in virtue of which industrial policy-holders of said company should have the right, under their policy conditions, to attendance by nurses of the Victorian Order in any such locality, at a fee to be paid by the company, at a rate per visit to be mutually agreed upon by the company and the Local Association concerned.

A copy of this judgment had already been sent to several Local Associations desiirng information and guidance on this important issue.

At this point Mr. Orde read a copy of a resolution passed at the recent annual meeting of the Toronto Local Association, strongly condemning any such alliance with an insurance company, as being a departure from the true work of the Victorian Order, and a step derogatory to an institution of its high character.

As the only representative from Toronto present declined to pursue this further, no action was taken in reference to it.

*(Continued on Page 434)*

## THE CANADIAN NURSES' ASSOCIATION AND REGISTER FOR GRADUATE NURSES—ESTABLISHED 1895—INCORPORATED 1901.

President—Miss Phillips.

Vice-Presidents—Miss Tedford and Miss Colquhoun.

Treasurer—Miss Des Brisay.

Secretary—Miss Colley, 133 Hutchison St.

Registrar—Mrs. Burch, 175 Mansfield Street.

Reading Room—The Lindsay Bldg., Room 611, 517 St. Catherine St. West.

Lectures—From November until May, inclusive, in the Medico-Chirurgical Society Rooms, the first Tuesday in the month, at 8 p.m.

Several members of the C. N. A. paid a visit to Lachine General Hospital last week, where Miss Baikie, our former President, is Superintendent.

Miss Houghton, who is Assistant Superintendent, leaves shortly to spend some time with her cousin, Dr. Maude Abbott.

Mr. and Mrs. Brodie (nee Miss Helen Fetterley) have returned from Scotland and taken up their residence on St. Luke Street.

Miss Margaret Fortescue, M. G. H., has completed a seven months' course in the Philadelphia Orthopædic Hospital and Infirmary for Nervous Diseases, giving Dr. S. Weir Mitchell's certificate. We are glad to have Miss Fortescue with us again.

Montreal is awakening to the fact that something must be done to lessen its infant mortality. Much has already been done. There are over fifteen dispensaries and milk stations operating in the city.

Dr. Blackader and Dr. Pelletier, Professors at McGill and Laval Universities respectively, have been appointed consulting physicians by the Board of Control. They have started a campaign for enlisting the sympathies and service of all physicians in the city.

The Woman's Council have established several stations and Miss Phillips, President of the C. N. A., has undertaken to mix the milk for all these stations, in addition to her duties at the Foundling and Sick Baby Hospital. The Foundling Hospital has had a free milk station in connection with its work for ten years and supplies milk for one hundred babies.

Miss Georgie Colley is spending her holidays at Old Orchard Beach, Maine.

Our Registrar reports a busy month, with no nurses on the Register at the present time.

## THE SIXTH ANNUAL REPORT OF THE TORONTO CENTRAL REGISTRY OF GRADUATE NURSES.

Madame Chairman, Members of the Central Registry
of Graduate Nurses, and our Guests:—

In presenting this the Sixth Annual Report I beg leave to mention (as there may be some present who are not aware of the fact) that we have only had charge of the Registry since October 29th, 1910.

The books closed June 1st, 1911, with a membership of 350. Although 144 nurses have joined the Registry since then, we have but 384 on our roll. Many names had to be removed, as we found on enquiry that several members had been married for months, while others were filling hospital positions, and notice of resignation had not been sent in.

Up to date our membership list consists of the following graduates:—Toronto General Hospital, 132; St. Michael's, 45; Grace, 40; Western, 21; Riverdale Isolation, 21; Hospital for Sick Children, 37; St. John's, 3; Dr. Meyer's, 2; Orthopedic, 2; outside Canadian and English nurses, 43; American, 35; male nurses, 3.

The calls for the year totalled 2,657, showing an increase of 843 for the year; personal calls, 708; registry calls, 1,949.

The largest number of calls came in April, with a total of 330. The lowest was in July, with 152.

The financial statement is as follows:—November 1st, 1910, to May 31st, 1911 (seven months).

RECEIPTS.

| | | | |
|---|---|---|---|
| Balance in bank November 1st, 1910:— | | | |
| Savings account | $1,083 09 | | |
| Current account | 237 98 | | |
| | | $1,321 07 | |
| Fees collected, seven months | $1,068 90 | | |
| Sales of charts and clips, seven months | 48 96 | | |
| Interest, savings account, twelve months | 30 52 | | |
| | | 1,148 38 | |
| | | | $2,469 45 |

EXPENDITURE.

| | | |
|---|---|---|
| Salaries, seven months | | $705 00 |
| Rent, committee room, December meeting | | 3 00 |
| Charts, printing and padding | | 27 00 |
| Telephone service | $33 00 | |
| Extra entry in book | 2 00 | |
| Long distance tolls | 3 00 | |
| | | 38 00 |

| | | | |
|---|---|---|---|
| Advertising, Can. Nurse Pub. Co. | | 14 56 | |
| Printing, constitutions | $11 00 | | |
| Blank forms | 13 00 | | |
| | | 24 00 | |
| Stationery and office supplies | | 7 80 | |
| Postage | | 7 95 | |
| Railway Guide, twelve months | | 5 20 | |
| Cartage and messenger | | 1 00 | |
| Christmas presents— telephone girls and postman | | 4 50 | |
| Charity nursing cases | | 8 00 | |
| | | | 846 01 |
| Bank balance, May 31st, 1911:— | | | |
| Savings account, Bank of Hamilton | | | $1,413 61 |
| Current account, Dominion Bank | | | 209 83 |
| | | | $1,623 44 |
| Transfer from current to savings account during this period | | | $300 00 |

The amount of overdue fees at this date appears to be $90.75.

I have examined the vouchers, cheques, bank books, cash book and fee book of the organization, and certify that above statement is in agreement therewith.

(Sgd.) T. W. ELLIS.

June 1st, 1911.

You will notice that within the last few months we have had a large amount of printing done. The committee revised the Constitution, which accounts for it being reprinted. As the graduates of Toronto hospitals require to bring a letter from the Superintendents of their Training School, we have slips printed for that purpose, also a new supply of charts, receipt forms and other office requisites.

Many of our nurses have secured hospital positions, others have gone West to engage in private nursing. Thirteen of our number have been accepted on the School Nursing Staff. It has been mentioned at some of our committee meetings that we should limit the number joining, but as you will readily see that would not be advisable, for our membership is always changing. Nurses, like everyone else, love to travel.

Probably this has been an exceptionally busy winter and spring. Many times we have not been able to supply the demand for nurses. Recently one of our medical men telephoned asking for the list of nurses on call and was amazed at our having so few. He said, "Are the people of Toronto getting wealthier, or are there fewer nurses, or what is the matter that nurses are so scarce?"

We have many calls for nurses from all over Ontario. At the present time one of our number is roughing it in Porcupine (the Golden City). Early in February we were able to send four nurses to the Typhoid Emergency Hospital,

Ottawa. Through illness one had to leave in three weeks, the other three remaining till the epidemic was over and the hospital closed.

To those nurses who have suffered illness personally or in their homes, and to those who have borne the loss of dear ones we extend our sympathy.

During the past months the nurses must often have been annoyed at the Registrar for asking them to take cases when they had not reported for duty. If they but realized how hard it is for me to have to tell a doctor we cannot find a nurse for you, I am sure they would pardon my being so insistent.

To the ladies in charge of the various nurses' homes we extend our sincere thanks for their kindly interest and help at all times.

In January, Miss Kennedy, a valued member of our Committee, left us to take charge of work under the Victorian Order in Victoria, B. C. Her cheerful presence has been greatly missed by us.

In conclusion I would like to offer my thanks to the Registry Committee for their faithful attendance at all meetings, and express my regret at the departure of Miss Fralick, our convener, who carries with her our kindest wishes and warmest interest for her future.

It would seem as if the far West had an attraction for our nurses, as another member of our Committee leaves next week to launch on the sea of matrimony. Her future home will be Kamloops, B. C. We extend hearty congratulations.

All of which is respectfully submitted.

MARGARET EWING.

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## HOSPITALS AND NURSES.

Miss Rundle, of London, Eng., spent a day or two at the Toronto General Hospital in May as the guest of Miss Stewart. Miss Rundle is the Isla Stewart Scholarship nurse from St. Bartholomew's Hospital, London, Eng., taking the course in Nursing and Health at Teachers' College, New York. Miss Rundle was charmed with her glimpse of Canada and thought that the ivy-covered old hospital seemed like a bit of "Old England."

Miss Snively leaves for Europe in August, where she expects to remain for a year. "The Canadian Nurse" wishes her "bon voyage."

Mr. and Mrs. Arthur Paffard are settled in their new home "Blithewood," Victoria Avenue, Eglinton, and will be very much pleased to see their many friends amongst the nurses at any time.

Miss Davidson has resigned her position as Lady Superintendent of the McKellar Hospital, Fort William. Her resignation takes effect on May 30th.

Miss Baird, who has had charge of the operating room at the Toronto Western Hospital for some time, is leaving shortly for Chicago. Her successor will be Miss Seazel, from Birmingham, Alabama.

Mrs. Yorke has been appointed delegate from the Alumnae of the Toronto Western Hospital to the convention at Niagara Falls.

Miss Bruce, graduate G. and M. Hospital, St. Catharines, has accepted a position as Head Nurse of Surgical Ward, Bellevue Hospital, New York.

Miss E. M. Elliott, Head Nurse at G. and M. Hospital, St. Catharines, has resigned.

Miss Boothe and Miss Moore, graduates of Western Hospital, Toronto, have gone to Portage la Prairie for the summer.

Miss Gilmore, who had charge of the Michel Hospital, B. C., resigned and will take a much needed rest at her home in London, Ont. Miss Gilmore purposes going to Texas, where she has secured a lucrative position. Mrs. G. Clodin has been appointed Matron of the Michel Hospital. The Board is to be congratulated on securing such an able, efficient nurse to take charge of the work there.

Miss Pike, of Calgary, has accepted a position in the Michel Hospital.

Miss Wyatt, of Fernie, has gone to Edmonton and purposes taking up private work there.

Miss McKinney, of Calgary, is doing private work in Fernie, B. C., at the present time.

Miss Ada Law has gone to Stettler again. Miss Law seems to be one of Stettler's favorites.

Miss E. MacKnight, who has been one of the staff nurses in Phoenix, B. C., has been appointed Matron, with two assistants.

Miss Mary M. Shelly, of Quakertown, Pa., a graduate of the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, Inc., Philadelphia, has been engaged by the Las Encinas Sanatorium, of Pasadena, Cal., for the mechanical department of that institution.

Miss Effie W. Ferris, of Philadelphia, Pa., a graduate of the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, Inc., Philadelphia, has been placed in charge of the department for Mechano-Therapy at the Hannick Sanitarium, Scranton, Pa.

Miss R. Casserly, graduate St. Michael's Hospital, Toronto, has gone to Dr. Mayo's Hospital, Rochester, to take a post-graduate course in surgical work.

Miss Greene and Miss Connor, graduates of St. Michael's Hospital, were among the members noticed at Niagara Falls.

Miss Fitzgerald, graduate of St. Michael's Hospital, has gone to her home at Penetang.

Miss K. Stewart has resigned her position as Matron of the Fernie General Hospital and is taking a post-graduate course in school nursing in Toronto.

Miss Berge, graduate of the H. C. H., Calgary, and Miss Wild, graduate of the Edmonton Public Hospital, are assisting Miss MacKnight in the Phoenix General Hospital.

Miss Erant, graduate Winnipeg General Hospital, has charge of the Fernie General Hospital.

Miss Macdirmid, Matron of the Gault Hospital, Lethbridge, Alta., leaves the end of June.

Miss Dixon, who has had charge of the Strathcona Hospital, has resigned, and in June will take an active part in a most interesting ceremony.

Mr. Edward McDonald, a graduate of the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, Inc., Philadelphia, has been engaged for the mechanical department of the Barber Sanitarium and Hospital of Charles-

ton, W. Va., to succeed Mr. Peter Fitzpatrick, also a graduate of the Philadelphia institution.

Miss Annie T. Lowe, of Fall River, Mass., a graduate of the Union Hospital, Fall River, Mass., and also a graduate of the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, Inc., Philadelphia, has been engaged by the Union Hospital, Fall River, Mass., as instructor in massage to the nurses in training.

Miss Goodhue, Assistant Superintendent of the Royal Victoria Hospital, has just returned from attending the Superintendents' Convention at Niagara, and reports a most delightful time, with most interesting and instructive meetings.

Miss Alma Snipes, of the Georgia State Sanitarium, Milledgeville, Georgia, has been sent by the State Sanitarium to Philadelphia to take the courses in Massage, Medical and Orthopædic Gymnastics and Hydro-Therapy at the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, Inc., with the purpose after graduation to take charge of the mechanical department at the State Sanitarium and to teach the nurses in training in those branches.

Miss Ethel Bailey, of Montreal, Canada, a graduate of the Women's Hospital, Montreal, and also of the Pennsylvania Orthopædic Institute and School of Mechano-Therapy, Inc., Philadelphia, Pa., has been requested to give a course in the Swedish system of Massage and Hydro-Therapy to the nurses in training at the Royal Victoria Hospital and has returned to the Pennsylvania Orthopædic Institute for post-graduate work before resuming her new duties. The instruction was previously given by Miss Sophia Blackwell, also a graduate of the Pennsylvania Orthopædic Institute.

Miss H. Baynes (V. G. H.) Night Superintendent of the Vancouver General Hospital, left Vancouver on May 18th for a visit to the Old Country.

Miss Rose (V. G. H.), who has been spending the winter in California, has returned to Vancouver.

At the May meeting of the Vancouver Graduate Nurses' Association, Miss Archibald, graduate of the Victoria General Hospital, Nova Scotia, was appointed Registrar in place of Mrs. Fraser, who resigned. Mrs. Fraser has held the office of Registrar for eighteen months, and has done a great deal towards the building up of a successful Registry. Miss Archibald will take charge July 1st and will also superintend the Nurses' Club.

The annual meeting of the Montreal General Hospital Alumnae Association was held in the Nurses' Home, M. G. H., on April 23rd. The following officers were elected for the coming year:—President, Miss Ethel Brown, 26 Melbourne Avenue; First Vice-President, Miss Cowen; Second Vice-President, Miss Sarr; Recording Secretary, Miss McLeod; Corresponding Secretary, Miss Lee; Treasurer, Miss Tedford. Executive Committee—Miss Maude Brock, Miss Cooper, Miss Jean Wilson, Miss Watling, Miss Young. Registry Committee—Miss Louise Stewart (chairman), Miss K. H. Brock, Miss Nichol. Registrar, Miss M. Vernon Young. Representative of The Canadian Nurse, Miss M. Vernon Young.

The marriage of Miss Isabel Nichol M. G. H., '08, youngest daughter of Dr. J. C. Nichol, Montreal, to Mr. James Johnston, son of Mrs. James Johnston,

St. Mark Street, Montreal, took place on April 13th, 1911, at St. John's Wood Presbyterian Church, London, England. After a short honeymoon in France Mr. and Mrs. Johnston will return to Montreal early in May to reside.

Miss K. H. Brock has accepted the position of "nurse in charge" of the "K" private wards at the Montreal General Hospiatl.

Miss Evelyn Howard, M. G. H., '05, leaves shortly for a trip to England.

Miss Evelyn Perchand, M. G. H., '05, has returned from a delightful trip to Jamaica.

The address of the M. G. H. A. A. Register has changed from 36 Sherbrooke Street West to Apartment 1, The Poinciana, 56 Sherbrooke Street West.

The corner-stone of the new General Hospital, Chilliwack, B. C., was laid by Hon. Dr. Young, head of the Department of Public Health for the Province. "The Feast of Nations," in aid of the hospital, was also opened on the same day by Hon. Dr. Young.

At the last meeting of the Alumnae Association of the Royal Victoria Hospital deep regret was expressed by all the members at the death of Dr. James Bell, which came as a shock to all who knew him. He had been so identified with the hospital and so familiar to all of the nurses during their training and work since then, that his loss will be irreparable to them as well as to the hospital, the city and in fact the whole country, for patients came from far and near to obtain the benefit of his great skill; surely, "A mighty man is fallen." A resolution of sympathy was sent to Mrs. Bell. The Alumnae Association closes a very prosperous year and will begin its meetings again in October.

In March the following nurses graduated from the Kootenay Lake General Hospital Training School:—Misses P. Baxter, Stellarton, N. S.; M. A. Harrison, Claresholm, Alberta; C. M. McKenzie, Phoenix, B. C. Miss Harrison has accepted a position as staff nurse of the Royal Inland Hospital, Kamloops, B. C. Miss C. C. Scott, class '10, has also joined the staff of that institution. Miss Baxter has been appointed head nurse of the maternity building, Kootenay Lake General Hospital. Miss McKenzie is doing private work in Nelson.

The third annual dance of the Victoria Nurses' Club was held in the new Alexandra (Woman's) Club building on Tuesday evening, May 16th. The ballroom presented a very pretty appearance. Under the high windows and against the white walls was draped pale blue silk sashes; at every place the sash was caught up, a wreath of pink and white flowers and ferns was rung. The walls were intersected with long bevelled mirrors. The whole effect was of a Louis XV. ballroom. The table in the supper room looked very dainty, decorated with apple blossoms and pink carnations and laden with good things. Miss Goward, Miss Hardie, Miss Turner, Miss Saunders and Miss Tolmie were the Supper Committee. Miss Clark, President of the Reception Committee, was assisted by Miss McNaughton-Jones, Miss Morrison, Miss E. H. Jones and Miss C. Campbell. Between four and five hundred were present. Miss Thain's orchestra played a splendid selection of dance music. All present had an enjoyable time, and congratulated the Victoria Nurses' Club on their success. Quite a large surplus remained, after all expenses were paid, to be added to our club funds.

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¶ Contains all the goodness of prime beef.

¶ It adds greatly to the nutrition of any dish and gives the rich appetising flavor of prime roast beef.

¶ Use it for your gravies and sauces.

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**A Valuable Effervescent Saline Laxative Especially indicated in the treatment of Rheumatism, Rheumatic Arthrica, Neuralgia and all Uric Acid Diseases.**

SAL LITHOFOS is a preparation containing in an active state Lithia and Sodium Phosphates. It is of special service in the treatment of Chronic Rheumatic and Gouty conditions, their allied affectations and in many other disordered states.

Expert knowledge and chemical skill of a high order were required to combine in this palatable preparation the necessary active constituents without it in any way producing the deterioration so often found in many advertised remedies.

SAL LITHOFOS is of value in restoring the organism to a normal state in a very short time. Sal Lithofos by virtue of its saline aperient qualities is of distinct service in the treatment of cirrhosis of the liver and its attendant disorders.

A three ounce bottle mailed on request.

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The Victoria Nurses' Club has rented a room in the new Alexandra Club building. The room is to be used for club meetings, and will be open to all members at any time.

Miss Alice Wiliams, Victoria, accompanied her brother and sister on a three months' visit to England, Ireland and the Continent.

Miss L. Baffey, graduate Vancouver General Hospital, has resigned her position as Matron of the Spirit Lake Hospital, Idaho. Miss Baffey leaves for England soon, where she will visit relatives and be in London for the Coronation of King George V. and Queen Mary.

Miss Charlotte A. Hortop, on the occasion of her marriage, was the recipient of a magnificent silver tea set suitably engraved from the Board of the Brandon Hospital in appreciation of her services as Assistant Lady Superintendent. The hospital staff also presented Miss Hortop with gifts. In each case these were accompanied with addresses.

The last meeting, this season, of the Manitoba Graduate Nurses' Association was held May 30th at 375 Langside Street, Winnipeg, and was well attended. Miss Cotter, First Vice-President, occupied the chair. It was regretted by all present that our President, Miss Johns', resignation had to be accepted, as she was leaving next day to fill the position of Lady Superintendent at the McKellar Hospital, Fort William, in which new field of work we wish her every success. Miss Cotter was elected President and Miss Rathbone, First Vice-President. The kind offer of Miss Wilson, Lady Superintendent of the General Hospital, to hold our meetings in the Nurses' Home was accepted and a vote of thanks passed to her. After other business was disposed of a vote of thanks was passed to Miss Andrews for the use of her rooms for our meetings. A refreshing cup of tea was kindly served by Miss Andrews, and a short social time enjoyed. Our next meeting will be held in September, by which time we hope that the initial work regarding registration for nurses will have assumed definite form.

The graduating exercises of the senior year nurses of the Winnipeg General Hospital were held yesterday afternoon, when the nineteen members of the class received diplomas and medals, symbolic of three years of arduous and self-sacrificing labor successfully completed.

The ceremony took place in the large drawing-rooms of the institution, which were taxed to their utmost capacity by the crowds of visitors. G. F. Galt was in the chair, and the speakers of the afternoon were Dr. Chown and Rev. G. H. Williams. Also on the platform were H. M. Belcher, Edward Brown and J. M. Cosgrave.

Preceding the presentation of the diplomas, Mr. Galt in a brief address referred to the loss sustained by the General Hospital in the death of J. S. Atkins, and spoke further of the splendid work of the training school, which, he said, during the past year had eclipsed any previous record. In the graduating class, Miss Ruth Hicks established a record, making an average of 90.4 per cent. on her totals. Miss Louise Newcombe came second with 90.3 per cent.

Mr. Galt explained that Mr. Brown, noting that the young ladies were almost a tie, had generously donated a special prize to Miss Newcombe.

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**Relieves all Skin Irritations**

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Miss Wilson, Lady Superintendent of the Hospital, and Mr. Brown presented the diplomas. Each young lady, clad in the uniform of her calling and carrying shower bouquets of lovely roses, stepped upon the platform as her name was announced by Mr. Galt, and as she received her awards was greeted with rounds of congratulatory applause.

During the afternoon musical numbers were contributed by Miss M. Galt, Mrs. G. F. Galt, Miss A. Johnston and Miss E. M. Johnson.

**Prize Winners.**

The prize list is as follows:—

General proficiency for the three years—Miss Ruth Hicks, 90.4 per cent., given by the Ogilvie Milling Company.

Special prize for general proficiency—Miss Louise Newcombe, 90.3 per cent., given by Edward Brown.

Obstetrics—Miss Louise Newcombe, given by Dr. McCalman.

Bandaging—Miss Gibson, given by E. L. Drewry.

Practical Work—Miss Ruth Hicks, given by Mrs. Gregory, in memory of Dr. W. S. England.

Charting—Miss Ethel King, given by Miss E. M. Bain, in memory of Mr. Justice Bain.

Surgery—Miss Louise Newcombe, given by Dr. J. O. Todd.

Eye, Ear, Nose and Throat—Miss Hodgins, of the intermediate class, given by Dr. W. S. Prowse.

Scholarship for highest general average in the intermediate year—Miss Loucks, given by Mrs. G. F. Galt.

Scholarship for highest general average in the junior year—Miss Findlay, given by Mrs. A. W. Moody.

Anatomy and Physiology—Miss Findlay, given by Dr. Ross Mitchell.

**The Graduates.**

The graduates are:—Misses M. Barr, S. E. Kilpatrick, T. Paynter, G. Gilhuly, Ruth Hicks, L. Newcombe, H. K. Rooney, M. Howe, J. Simpson, N. Bulloch, J. Gibson, M. MacRae, E. J. Deacon, E. Arnott, B. McKinnon, A. Coulter, E. King, J. Tudhope, R. Stewart.

The regular monthly meeting of the Toronto Western Hospital Alumnae Association was held on Thursday, May 4th, at the nurses' residence. Dr. Martha Smith, of India, gave a very interesting address on her work and nursing conditions as she finds them there. Many of her experiences were such as to make us feel that our work has fallen to us in very pleasant places of which we should make no complaint. Later in the evening she showed us one of the native costumes—a wonderful solution of the dressmaking problem. The evening was a very pleasant and instructive one.

The fifth meeting of the Thunder Bay Graduate Nurses' Association was held at St. Joseph's Hospital, Port Arthur, May 4th, with a good attendance. Miss Regan, the President, occupied the chair. Two new members were warmly welcomed. A very interesting paper was read by Miss Code, graduate of St. Joseph's Hospital, London, Ont., on "Registration."

# INSTRUCTION IN MASSAGE

**Swedish Movements, Medical and Orthopaedic Gymnastics**

**Electro-Therapy Hydro-Therapy**

The Instruction is theoretical and practical. Lectures, Quizzes and Demonstrations on Anatomy, Physiology, Pathology, Theory of Massage and Gymnastics, Hydro and Electro-Therapy by members of the staff and invited physicians. Abundant clinical material. Students attend clinics at several city hospitals. Seperate male and female classes. Diploma.

**Fall Classes on Sept. 20 and Nov. 15, 1911**

Best-equipped Institution for Physiologic Therapeutics in America; Electric Light, Dry Hot Air, Vapor, Blue Light Baths, Dr. Baruch's Hydriatic Table. All forms of Hydriatics, Nauheim Baths and Schott Exercises, Nebulizers, Vibrators, Frazier-Lentz Baking Apparatus, Solar and Leucodescent Lamps, Biers Hyperæmia Apparatus, Galvanic, Faradic, Static Electricity, High Frequency, Sinusoidal Currents, X-Ray, Bachelet Magnetic Wave, Van Leyden and Frenkel system for the treatment of Tabes Dorsalis; special Gymnasium for the treatment of Spinal Curvature and deformities. Medico-Mechanical Zander Gymnasium. Particulars and illustrated Prospectus upon request.

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**In the State of New York** **West 110th St., New York City**

A POST GRADUATE COURSE of six months is offered in surgical nursing and in operating room work. Lectures on surgery, gynecology and operating room work, a course in massage, class work and demonstrations are arranged. Practical experience in ward management, under supervision, and instruction in the management of other hospital departments are given. The nearness of the hospital to Columbia University permits the pupils to take advantage of special lectures offered by the Department of Nursing and Health at Teacher's College. Nurses completing the six month's course receive a diploma.

*For any further information apply to*

**SUPERINTENDENT OF NURSES**

**POND'S Extract**

The notably soothing and refrigerant properties of POND'S EXTRACT make it exceptionally useful for quickly relieving the smarting, burning and general distress of sunburn. Probably no remedy that can be employed in this condition is more rapid in its action or more gratifying in its effect. This standard extract of hamamelis is equally valuable for PRICKLY HEAT, HIVES, IVY POISONING, BITES OF INSECTS, etc., and in all of these affections it has proven itself an ideal lotion.

**POND'S EXTRACT CO.**

LONDON NEW YORK PARIS

**=SUN= BURN**

The regular monthly meeting of the Central Registry was held on Monday, May 1st, at 569 Bathurst Street. Miss Fralick occupied the chair. The Registry calls are steadily increasing, there being a total of 330 calls during April, an increase of 135 over April, 1910. Arrangements were made for the annual meeting and birthday party to be held at the "Brown Betty" on Thursday, June 1st. Miss Fralick's resignation as convener was regretfully accepted. She will be greatly missed, both personally and for the interest she took in the Registry.

ROSE KIMMITT, Secretary.

The fifth annual meeting of the Victoria Hospital Alumnae Association was held at the hospital, Tuesday afternoon, May 9th, 1911, at 3 p.m., with an exceptionally good attendance. The object of the meeting was to elect new officers and welcome the class of '11.

The Association has progressed most favorably during the year, many nurses having taken an active interest. Meetings have been held and addresses given by Miss Crosby and Miss Rogers, of Toronto, Mrs. Yarker, of London, Drs. Seaborne and Mason, of London.

Miss Thorn, of Chicago, Mrs. Reynolds, of London, and Miss A. Johnston, of Vancouver, very kindly sent papers, which proved of great interest to the nurses.

Regret was expressed by many members that owing to the absence of many of the graduates we were unable to hold our April meeting, and thus were deprived of the pleasure of hearing Professor Dearness and Mr. Gaetz, who had very kindly consented to address us.

The following officers were elected for the year:—President, Miss M. Lyons; Vice-President, Miss B. Gilchrist; Secretary-Treasurer, Miss M. Roche; Corresponding Secretary, Miss V. Johnston.

The Isolation Hospital, New Westminster, B. C., was destroyed by fire early on the morning of April 23rd. The patients are quartered in tents and outbuildings. The loss is not heavy, as the building was small. The result will be a larger and better equipped hospital.

The Kincardine General Hospital is to have a new wing.

On June 23rd at 10.30 a.m. the corner-stone of the new Home for Nurses, which is being erected as a memorial to his late Majesty King Edward VII., was laid by His Excellency the Governor in the presence of a large gathering that included the Lord Bishop of Newfoundland, the Chief Justice, representatives of the various denominations, the officers of the British and French warships, and many prominent citizens, as well as the bluejackets and brigades forming the military parade, which was a feature of yesterday forenoon's celebration. The three brigades—C. L. B., C. C. C. and N. H. B.—having joined force, marched at 9.30 to the King's wharf, and at 10 a.m. some 200 bluejackets and marines from H.M.S. Brilliant landed and were given the place of honor at the head of the parade. Lieut. Pritchard, R.N., commanded the entire force and preceded by the C. L. B. band, the other bands in place in the procession all marched to the hospital grounds. An immense gathering accompanied them, and when His Excellency and suite arrived, they were met by Hon. D. Morison, Acting Premier; Dr. L. E. Keegan, Medical Superintendent of the Hospital;

"the therapy of heat is as old as the art of healing.

Its mode of application has improved with the progress of medical science.

Any form of treatment which survives for so many centuries must perforce be rational and valuable.

The profession, realizing the therapeutic value of heat has chiefly considered its most effective and scientific form of application in conditions which call for its use.

Weighing, carefully, each and every method which has been suggested, the inevitable conclusion was in favor of hot moist heat.

Antiphlogistine, the original cataplasmic dressing for applying hot moist heat, is so far removed from the ordinary carelessly and unscientifically compounded dressing that the medical profession has by preference extensively favored its employment.

It retains the heat; is hygroscopic; lowers arterial tension; relieves venous engorgement and thus reduces inflammation wherever situated."

Miss Southcott, Superintendent of Nurses; Mr. T. A. Hall, Government Engineer, who is architect of the building, and Messrs. M. and E. Kennedy, the contractors, and escorted to his place through a line of nurses from the Hospital, while all the patients of the institution who were well enough to leave their beds occupied windows overlooking the scene.

Hon. D. Morison then made a brief address, explaining that the building was being constructed to afford better accommodation for the nurses, and also to enlarge the hospital accommodation by converting into extra wards the rooms now occupied by them, and mentioned that the Government, recognizing the humanitarian principles of the late sovereign, decided that this institution should be known as "King Edward the Seventh Nurses' Home."

His Excellency then deposited in the cavity beneath the stone copies of the daily newspapers, the year book, local coins and stamps, and a document signed by Dr. Keegan, the nurses, contractors and the Government Engineer, after which, being presented by Mr. Hall with a silver trowel, he laid the stone in due fashion. After doing so he made a brief speech in which he eulogized the late King, as well as the present sovereign, King George V, towards the alleviation of human suffering; King Edward's cancer research project, his sanitarium for consumptives at Medhurst and his Hospital Sunday movement being referred to. The Governor also eulogized the services of the physicians and nurses on behalf of the suffering patients given into their care. He then called for three cheers for the King, and at the instance of Lord Bishop Jones, who mentioned the fact that this was the Prince of Wales birthday, three other cheers were given at his call for our future ruler.

Dr. Keegan moved a vote of thanks to His Excellency for his kindness in laying the stone, thanked him for his appropriate words with respect to the staff of physicians and nurses at the hospital and assured all that the colony would get an ample return for this improvement. He closed by calling for three cheers for the Governor, which were given with a will.

After the ceremony the vice-regal party and the visitors and special guests on the occasion were entertained at Dr. Keegan's residence, after which His Excellency went through the hospital and visited the patients, being especially glad to find that Fire Constable Hemans, injured during the King's Birthday celebrations, would not lose both hands, as was feared at first.

The parade of the city then started, and the gathering dispersed. Subsequently His Excellency sent the following message:—

(Telegram sent June 23rd)

Sir Arthur Bigge,
Buckingham Palace,
London:—

I am requested to inform you, for the information of His Majesty the King, that to-day, with full ceremony, I laid the foundation stone of a Nurses' Home as an annex to the hospital.

It is being erected by the Government as a memorial to His late Majesty King Edward VII.

RALPH WILLIAMS,
Governor of Newfoundland.

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